

SYLLABUS-PSY 332-TACKETT – SPRING 2009 - Psychology of Adolescent and Adult Development

Class Meeting: Wednesdays 4-6:40 p.m.

Classroom: Com 207

Instructor: Dr. Pat Tackett

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Office Hours: Wednesdays 2-3:30 p.m.

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REQUIRED for Course:

- (1) Steinberg, L. Adolescence (2008), 8<sup>th</sup> edition.
- (2) Lecture Guides: posted on Blackboard
- (3) Study Guides: posted on Blackboard
- (4) Scantrons: Large red PAR forms (for all exams)
- (5) Panels and Guest lectures are MANDATORY

OPTIONAL: Generation Me by Twenge

COURSE DESCRIPTION: This course will cover physical, cognitive, and social emotional development from early adolescence through middle adulthood. Theoretical perspectives, research methodology, cultural influences, and practical applications will be discussed. In addition to normal adolescent and adult development, high risk behaviors and at risk youth and adults will be explored and their behaviors compared to typical behaviors and milestones.

GOALS: For student to:

- demonstrate an understanding of the human development life cycle from adolescence, young adulthood, and middle adulthood
- demonstrate knowledge of current brain and cognitive research literature
- locate and read peer reviewed journals related to adolescent and adult high risk behaviors and write a paper
- learn to identify typical adolescent and adult behaviors from behaviors of high risk youth and adults
- demonstrate an understanding of key components of successful prevention programs designed to decrease drug abuse, pregnancy and suicide and eating disorders
- learn interviewing techniques to question panel of high risk adolescents and parents whose adolescents and young adults have committed suicide

EXAMS: There will be 3 exams. The first and second exams will cover only the material for that section. The final exam will be comprehensive. The exam dates and chapters are listed on the reading list. You must have a compelling reason to miss an exam and provide documentation to take a make-up exam.

Exams 1 & 2 will be worth 50 points each. There will be multiple choice, matching and essay questions. The essays will be announced prior to exam.

The final exam will be worth 100 points. There will be multiple choice, matching and essay questions.

Exams consist of material from text, notes, guest lecturers, and videos

MANDATORY CLASSES: Guest panels are mandatory. Ten points will be deducted for each mandatory class that is missed. PLEASE BE HERE FOR BOY AND GIRL PANELS!!!!!! You will not get this experience anywhere else. If you miss panel or guest, 10 points will be deducted from your final points for each one missed.

TOTAL CLASS POINTS:

EXAMS 1 & 2 = 50 points each  
FINAL EXAM = 100 points  
RESEARCH PAPER = 100 points  
EC-Juvenile Hall=15 points  
EC-Generation Me=25 points

RESEARCH PAPER: You will be choosing a topic on adolescent or adult behavior. Next, select research articles from peer reviewed journals on your topic. The articles must be from the United States from 2000-2008. You must have a minimum of eight to ten articles. Some of articles will be on your topic and others on treatments for your topic. Then write a paper discussing the causes of the behavior and consequences of the behavior on the adolescent or adult. The last part of the assignment is to describe and discuss treatments for your topic. You must use proper citations.

Attached is a schedule for tasks and time lines for paper. The paper must be turned in no later than 2/18. You may turn it in before that date if you get it finished, and it will be returned to you earlier than papers turned in at 2/18.

The paper should be a minimum of eight pages, double spaced. It can exceed the eight pages. Use proper spelling, grammar and punctuation. The English department has a writing clinic that will help you proof and edit your papers. We will provide you with days and times that they are there to help you edit. There

will be no web site articles, newspaper articles, or magazine articles accepted in this paper.

#### PAPER SCHEDULE:

1/28 Topics passed out

2/4 Complete plagiarism exercise on line through SDSU library website and citation information (APA or MLA). Psychology majors use APA and other majors may use MLA or APA. Download a copy of the plagiarism quiz that you completed and bring it to class on this date. If this is not completed by 2/4, you will have 10 points deducted from your paper score. Go to SDSU Library website and click on Library tutorials on quick links(right side of page). Do the plagiarism tutorial and quiz and look at citing sources. Make a copy of quiz and one page of citing sources as proof you did the quiz and exercises.

2/11 Have 8-10 articles checked by TA's or Dr. T by this date. You must have your articles checked by this date or have points deducted from your paper score. If you have trouble finding articles, contact Bruce in research section of library. He does searches for psychology and can help you. If you are still having problems check with Dr. T. ASAP.

2/18 Write up outline/draft of your paper and have it checked by TA's or Dr. T by this date or have 10 points deducted from your paper score.

3/18 Final Paper Due- ten points will be deducted for each day that the paper is late including weekends. If it is late, take your paper to Psychology Office during regular business hours and have them date stamp your paper. DO NOT push it under my office door or post it outside my office.

NOTES FROM BOY/GIRL PANELS: You will turn in your notes from the panels for Dr. Tackett and ta's to look over. If they are poorly done, 5 points will be deducted for each set of panel notes from your total points. You must do notes by hand and no laptops open during interviews. You may not use recording devices and information is confidential.

PLEASE address the boys and girls by the names that will appear on the board behind their position at the table. This is very important. Don't say, "Hey, you or "the second girl or the boy in the middle." This is respect for the adolescent and it helps your fellow students know who you are asking to respond to your questions. The information for these classes is confidential, so you can record or take photos during these interviews.

## EXTRA CREDIT:

(1) You must meet with Dr. Tackett to go over book review assignment for Generation Me if you want to get extra credit. These will be due no later than March 4. Papers done after this date will not be accepted.

(2) JUVENILE HALL: There will be 15 points extra credit if you go with class to Juvenile Hall. I will pass out sign up sheets for dates and times. You must be on sign in sheet to attend. This will last about 90 minutes (approximate). You cannot visit juvenile hall on your own.

Please do not take any backpacks, purses, or jewelry with you. You will be allowed to take only your red ID and driver's license and ONE key. You will need to go through a metal detector. Also, no caps or hats allowed. Do not wear tees that display drugs, alcohol, obscenities, or initials like CK or BK, etc. NO TIGHT CLOTHING. If you show up in shorts, minis, halter tops or any exposed body parts, you will be asked to leave—NO EXCEPTIONS. Also, NO open-toed shoes. If you show up late, you will not be allowed to join the group and be asked to leave. You will not receive the extra credit. PLEASE pay attention, leave all cell phones and electronic devices at home. If you continue to talk to your classmates and not pay attention or ask questions, you will be asked to leave and not receive any extra credit. You are representing this university, and I expect you to be attentive and respectful at all times.

MEETING WITH JUDGES: If they come to campus during your class time, it will not be extra credit. If they come outside of your class time, you will receive extra credit. You will have the rare experience of meeting with three judges in the juvenile court and dependency court. You will give the judges the respect that they are due by addressing them as "Judge\_\_\_\_\_" or "Your Honor." Please feel free to ask questions. They are not allowed to give you advice or information on personal cases. There can be no recordings or photos taken during this visit. If you text message, talk to others, or don't pay attention, you will not receive credit and be asked to leave. This is disrespectful and rude behavior.

PLEASE NOTE: Faculty are now required by the university to turn in any student for cheating or plagiarism. There are NO exceptions. You will have to go before the judicial officer besides failing the assignment, test, and/or course.

TENTATIVE READING LIST: It is important to download lecture slides and bring them to class. Some of the information in lectures and slides are not in your text. It will be necessary to read your text and download slides.

- 1/28 Introduction-syllabus  
Historical & Present Views of Adolescents  
Theories-Review & how they relate to adolescence and adults  
Research topics assigned during class  
VIDEO  
Introduction-Text
- 2/4 Chapter 1  
Early vs. late maturation  
Promoting health behaviors in adolescents and adults  
Obesity and eating disorders
- 2/11 Brain and cognition-Chapter 2 (pp.62-78 & 83-91)-There will be a lot of information pertinent to the exams in this lecture. I would not miss it. Some of the information in the lecture is not discussed in the text.  
  
Lecture Slides: Brain and cognition
- 2/18 Cognition(continued)-adolescent through adult-see slides  
Social transitions-Chapter 3  
SES  
SUICIDE SLIDES-bring to class-adolescent and adult
- 2/25 Suicide panel-MANDATORY-CONFIRMED
- 3/4 EXAM 1: Chapters 1-3, slides, lectures and panel on suicide  
Families-Chapter 4
- 3/11 Karen Martin-HHS chief-confirmed-MANDATORY-CONFIRMED  
Discussion following presentation
- 3/18 Peers-Chapter 5  
Identity and Autonomy-Chapters 8 & 9  
Ethnic Identity and Moral Development
- 3/25 Dreamworlds video  
How to ask questions to panels
- 4/8 Boy Panel-CONFIRMED-MANDATORY
- 4/15 Girl Panel-CONFIRMED-MANDATORY

4/22 Discussion of panels-notes returned  
Intimacy and Sexuality  
Relationships, Divorce, Remarriage  
Communication and conflict resolution  
Chapters 10 & 11

4/29 EXAM 2: Chapters 4,5,8,9,10,11;Karen Martin, boy and girl panels; slides  
Problem behaviors: Chapter 13

5/6 Judges Panel-MANDATORY

5/13 Death and Dying  
Review for final exam

FINAL EXAM: May 20, Wednesday , 4-6 p.m.